







Computerised Radar-Assisted Search Helicopter Navigation Unit

QUICK-REFERENCE SHEET

Entering a course

1. Plan a route made up of straight lines (legs). Point to  and press RETURN.
You may place up to ten markers  The crosshairs  allow grid references to be used.
2. Place a marker at the end of each leg.
3. Use the ruler and compass  to measure the DISTANCE and DIRECTION for each leg.
4. Enter the DISTANCE and DIRECTION on the flight plan .
5. Check the contours to see if a change of height is needed. Enter this in the flight plan. Use + for up, - for down.
6. To show the course entered on the flight plan, point to  and press RETURN.





Beginning a flight

Point to  and press RETURN.




Help

Point to  and press RETURN.

Keys

				Move pointer or marker.
RETURN				Select item at pointer.
TAB				Change speed of cursor movement over map.
SPACE				Go to next item.
S				Swap ends on the ruler.

Placing markers

	Marker
	Crosshairs
	Return to main set of icons.

To remove a marker from the map, point to the box it came from and press RETURN, then Y to remove it or N to leave it.

TRIP DETAILS

My name is _____

Home telephone number _____

The other people with me are _____

Trip plan

Day	Route
-----	-------

Day 1	_____
-------	-------

Day 2	_____
-------	-------

Day 3	_____
-------	-------

We are starting from _____

We will return to _____

by _____ a.m./p.m. on (date) _____

The group is carrying

☐ Waterproof jackets

☐ Spare dry clothes

☐ Food for _____ days

☐ Tent or emergency shelter

☐ Sleeping bags

☐ First Aid Kit

☐ Matches

☐ Whistle

☐ Map

☐ Compass

Instructions to the contact person

If I have not contacted you by _____ a.m./p.m. on _____ (day) _____ (date) ring
the police on (phone) _____

or the National Park rangers on (phone) _____

**REMEMBER — THE GROUP LEADER MUST NOTIFY THE
CONTACT PERSON ON RETURN, OR IF DELAYED**

Caves Bay Rescue Service

Flight Plan:

Estimated time of departure: _____

Date: _____

hours: _____

[illegible]

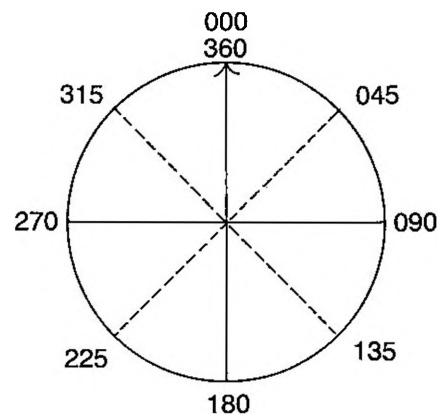
Ground-height

[illegible]

This form must be completed in pencil.

Warning!

Under no circumstances are rescue helicopters permitted to fly more than 80 m above the ground within a 5 km radius of Ellingdale Airport.



Caves Bay National Park

INCIDENT REPORT

Date: _____

Name of informant(s): _____

Location of incident: _____

Time incident was notified to ranger(s): _____ a.m./p.m.

Nature of incident: _____

Immediate action taken by ranger(s): _____

Subsequent action(s): _____

Outcome of incident: _____

Organisations involved: _____

Recommendations for future action: _____

EQUIPMENT CHECKLIST

Important: This list is not complete. Other items may be needed, especially if entering areas that experience extremes of weather.

Individual equipment

Boots	Map (in plastic bag)
Socks	Whistle
Shirts	Compass
Trousers	Watch
Sweater	Notebook and pencil
Underwear	Matches
Windproof/waterproof jacket	Money (coins for phone)
Head covering	Firelighters (or small candle)
Spare clothes	Mug, plate, billy
Food (in resealable containers)	Knife, fork, spoon
Backpack	Water container
Sleeping bag	Personal first-aid kit
Groundsheet or underlay	Sun/wind screen (tube)
Torch	Pot scraper
Towel, soap, etc.	Light nylon cord (about 6 m)

Other: _____

Group equipment

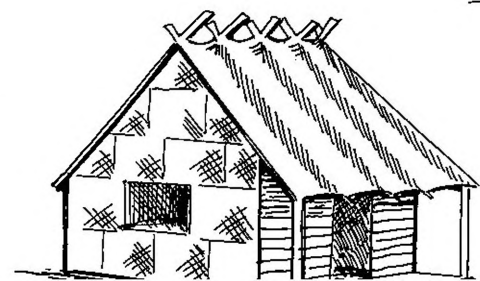
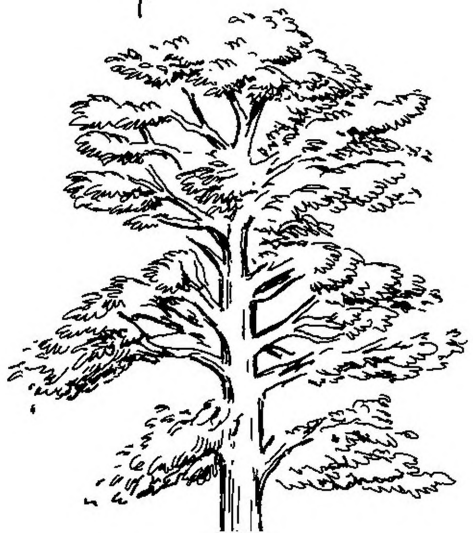
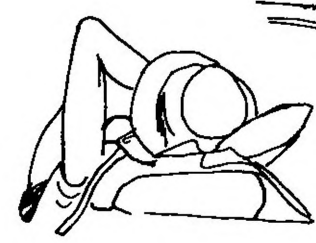
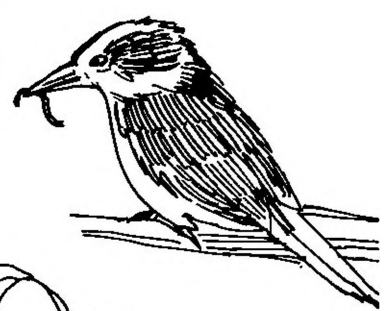
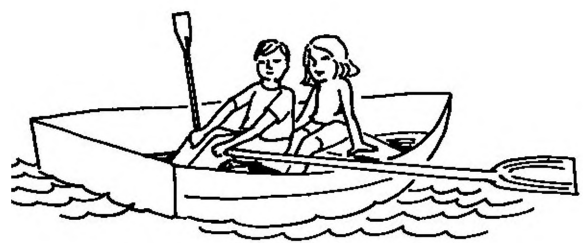
Tent (2- or 3-person)	Rubbish bag (to carry out rubbish)
Stove	Spare bootlaces
Large knife	Group first-aid kit
Trowel	Frying pan

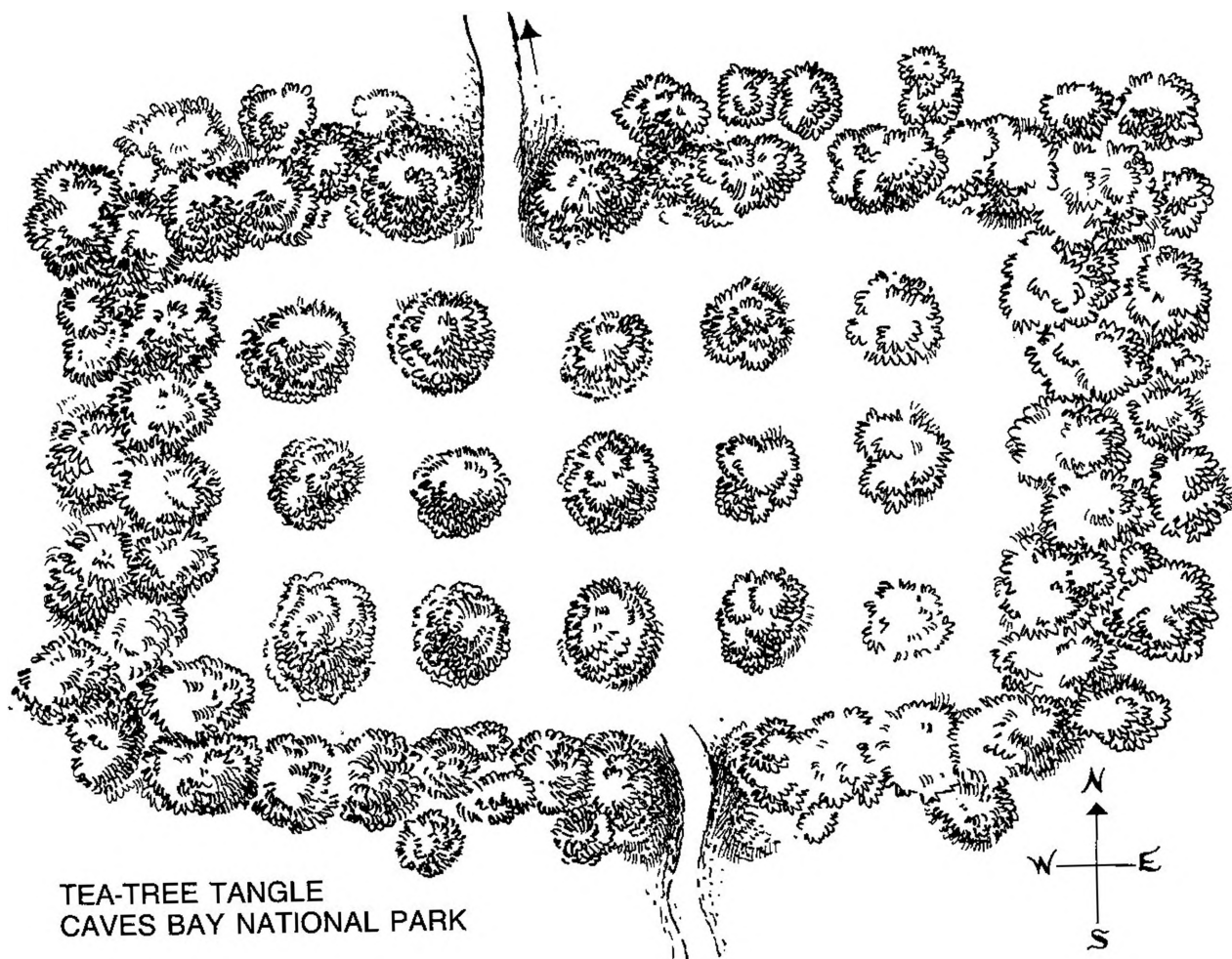
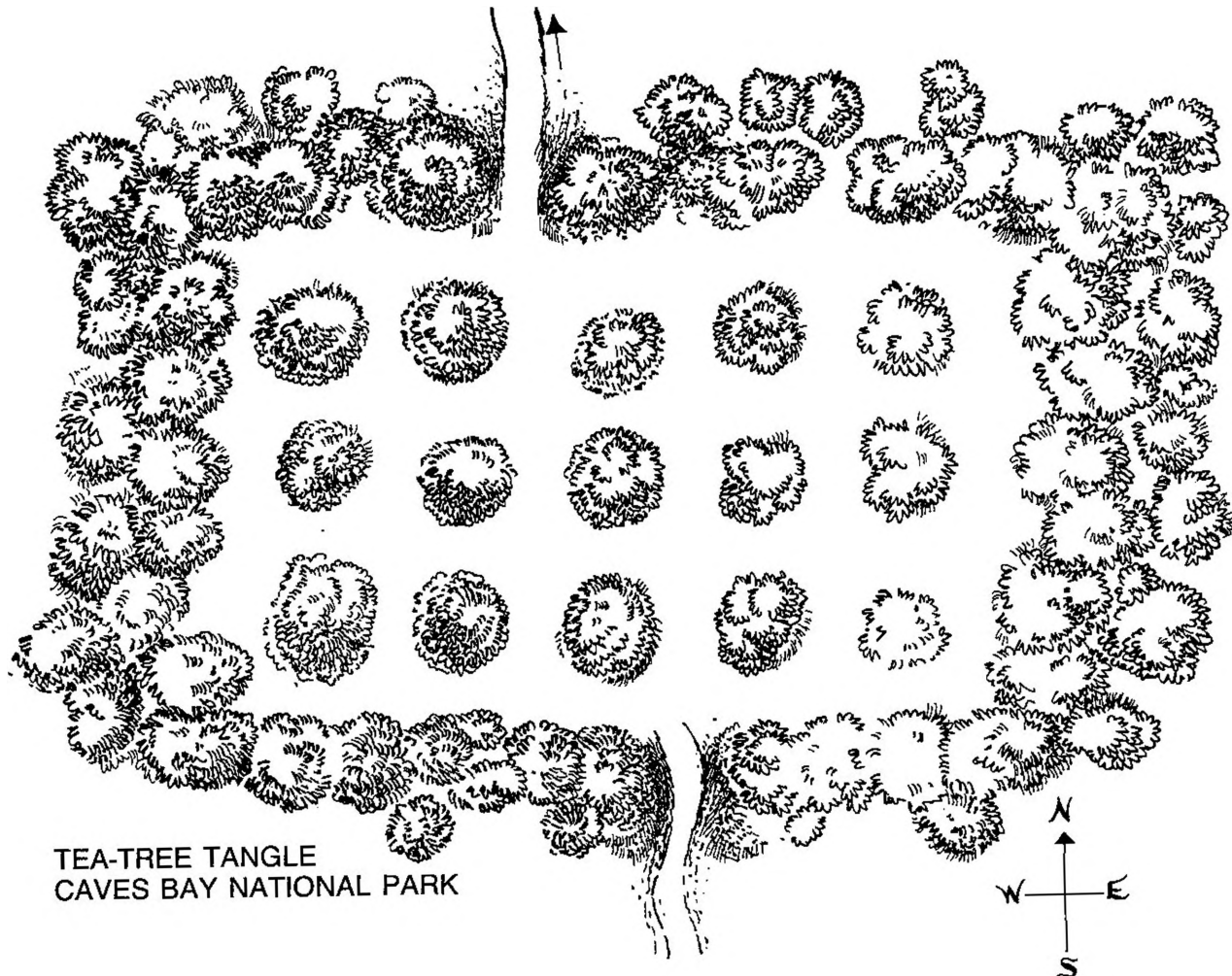
Other: _____

VOCABULARY LIST

ACROSS
AND
BAIL
BEACH
BILLY
BOAT
BOX
BRIDGE
BUILD
CAVE
CHART
CLIFF
CLIMB
CLOSE
CREEK
DOOR
DOWN
DRAWERS
DRIFTWOOD
DROP
EAST
ECHIDNA
EMPTY
EMU
ENTER
EXAMINE
GLUE
GO
HELP
HILL
HOLE
HUT
INTO
INVENTORY
ISLAND
JUMP
KOALA
KOOKABURRA
LAUNCH
LEAVE
LID

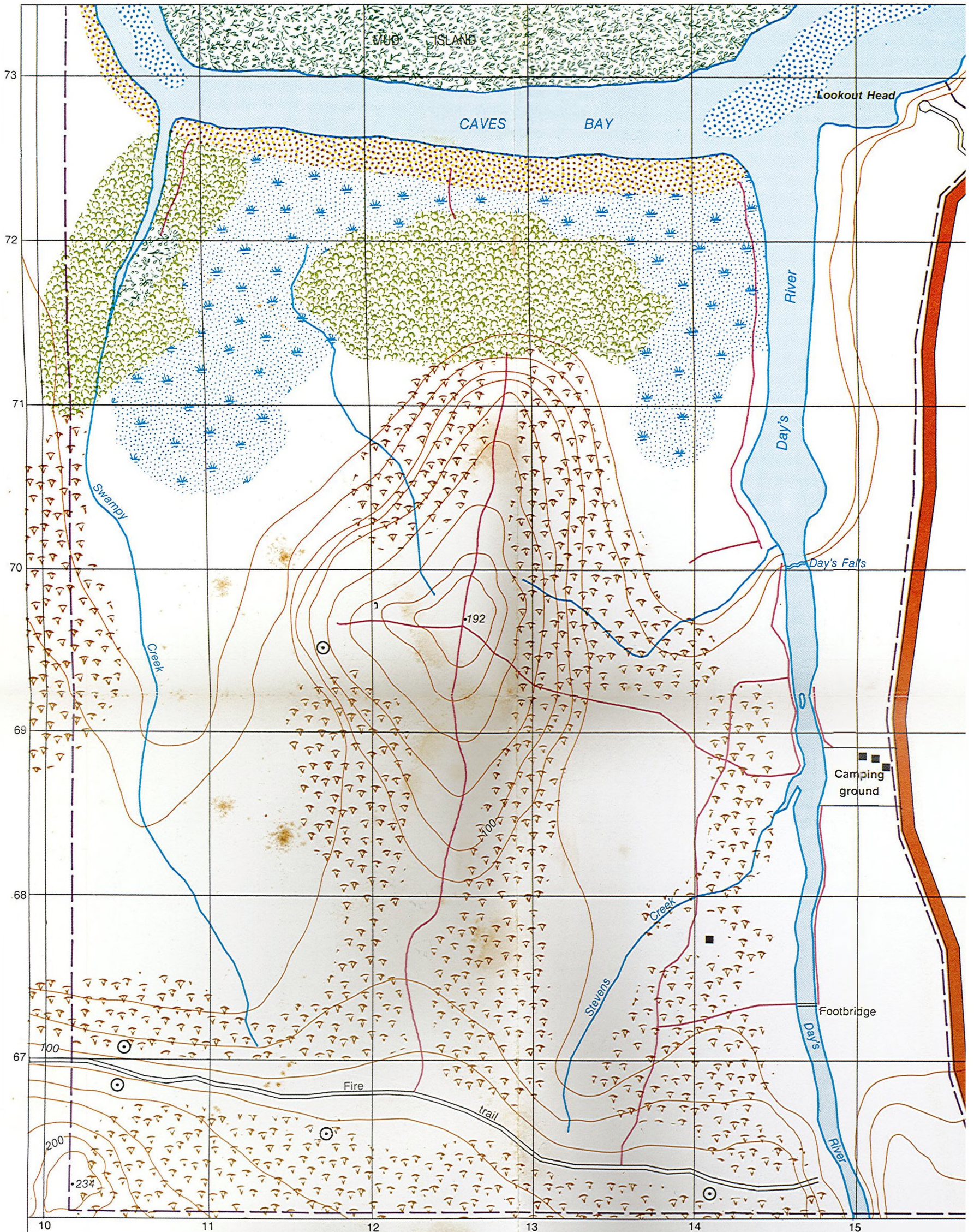
LOOK
MEND
MIDDEN
NORTH
OFF
ON
OPEN
PAINTINGS
PATH
PLANK
POOL
POSSUM
PUT
QUIT
READ
RIVER
ROPE
RUN
SAVE
SEA
SEARCH
SNAKE
SOUTH
STALACTITE
STALAGMITE
SWITCH
TAKE
THE
THROW
TIE
TO
TORCH
TRACK
TREE
UNTIE
UP
USING
WALK
WALLABY
WATERFALL
WEST
WITH
WOMBAT





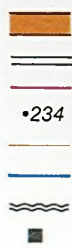
CAVES BAY

1:25

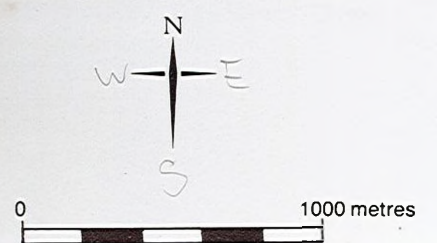


Legend

Road sealed surface
Track vehicular
Track pedestrian
Spot height in metres
Contours (20 metre interval)
Watercourse
Waterfall
Building

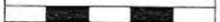
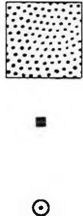


Scrub
Medium timber
Wet swamp
Mangrove
Sand
Tidal sand-bar
National Park boundary
Cave mouth



CAVES BAY

1:35 000



MCCUE'S BUSLINES

LANTON – TILFORD – MARSTON LOOP

Monday to Friday						Saturday and Sunday	
Lanton	6.50 a	10.00 aTTh	1.00 pMWF	4.00 pTTh	7.00 pMWF	8.30 a	3.45 p
Ellingdale Point	7.02 a	10.12 aTTh	1.12 pMWF	4.12 pTTh	7.12 pMWF	8.42 a	3.57 p
Airport	7.13 a	10.23 aTTh	1.23 pMWF	4.23 pTTh	7.23 pMWF	8.53 a	4.08 p
Tilford Hospital	7.31 a	10.41 aTTh	1.41 pMWF	4.41 pTTh	7.41 pMWF	9.11 a	4.26 p
Tilford Railway	7.35 a	10.45 aTTh	1.45 pMWF	4.45 pTTh	7.45 pMWF	9.15 a	4.30 p
Day's River Jn	7.48 a	10.58 aTTh	1.58 pMWF	4.58 pTTh	7.58 pMWF	9.28 a	4.43 p
Caves Bay Nat Pk	8.00 a	11.10 aTTh	2.10 pMWF	5.10 pTTh	8.10 pMWF	9.40 a	4.55 p
Day's Beach	8.09 a	11.19 aTTh	2.19 pMWF	5.19 pTTh	8.19 pMWF	9.49 a	5.04 p
Marston	8.25 a	11.35 aTTh	2.35 pMWF	5.35 pTTh	8.35 pMWF	10.05 a	5.20 p
Marston South	8.29 a	11.39 aTTh	2.39 pMWF	5.39 pTTh	8.39 pMWF	10.09 a	5.24 p
Beechleigh	8.43 a	11.53 aTTh	2.53 pMWF	5.53 pTTh	8.53 pMWF	10.23 a	5.38 p
Day's River Jn	8.50 a	12.00 pTTh	3.00 pMWF	6.00 pTTh	9.00 pMWF	10.30 a	5.45 p
Tilford Railway	9.03 a	12.13 pTTh	3.13 pMWF	6.13 pTTh	9.13 pMWF	10.43 a	5.58 p
Tilford Hospital	9.07 a	12.17 pTTh	3.17 pMWF	6.17 pTTh	9.17 pMWF	10.47 a	6.02 p
Airport	9.25 a	12.35 pTTh	3.35 pMWF	6.35 pTTh	9.35 pMWF	11.05 a	6.20 p
Ellingdale Point	9.36 a	12.46 pTTh	3.46 pMWF	6.46 pTTh	9.46 pMWF	11.16 a	6.31 p
Lanton	9.48 a	12.58 pTTh	3.58 pMWF	6.58 pTTh	9.58 pMWF	11.28 a	6.43 p

KEY: MWF – Mondays, Wednesdays and Fridays only

TTh – Tuesdays and Thursdays only

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a – a.m.

p – p.m.

Charter bookings available

TRAIN TIMETABLE
MAIN NORTHERN LINE
CITY TO PORT MARTIN

Monday to Friday					Saturday		Sunday
CITY	0755 NF	1044	1310	1815	1044	1510	1235
City North	0803 NF	1052	1318	1823	1052	1518	1253
Upton	0808 NF	----	----	1828	----	----	----
Fern Hill	0812 NF	----	----	1832	----	1525	----
Allendale	0822 NF	1107	1333	1842	1107	1535	1300
Wynlon	0833 NF	----	----	1853	----	----	----
Carrinup	0847 NF	1130	1356	1907	1130	1558	1325
Goonoo Creek	0859 NF	----	----	1919	----	----	----
Tilford	0908 NF	----	----	1928	----	1617	1346
Toolah	0919 NF	----	----	1939	----	----	----
Misty Point	0931 NF	----	----	2001	----	1648	----
Walburton	0950 NF	1225	1501	2020	1225	1707	1436
PORT MARTIN	1006 NF	1241	1517	2036	1241	1723	1452
PORT MARTIN	0645	1030 NF	1600	2045	1030	2155	1630
Walburton	0701	1046 NF	1616	2101	1046	2211	1646
Misty Point	0720	----	----	2120	----	2230	----
Toolah	0732	----	----	2132	----	----	----
Tilford	0743	----	----	2143	----	2251	1724
Goonoo Creek	0752	----	----	2152	----	----	----
Carrinup	0804	1141 NF	1711	2204	1141	2310	1743
Wynlon	0818	----	----	2218	----	----	----
Allendale	0829	1204 NF	1734	2229	1204	2333	1806
Fern Hill	0839	----	----	2239	----	2343	----
Upton	0843	----	----	2243	----	----	----
City North	0848	1219 NF	2249	2248	1219	2352	1821
CITY	0856	1227 NF	1757	2256	1227	2358	1829

KEY: NF — Not on Friday

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